

Celebrating This Month:  
 Veteran's Day 11/10  
 Thanksgiving Day 11/23



# PUTNAM COUNTY SCHOOLS – CHILD NUTRITION

## BREAKFAST / LUNCH MENU

### NOVEMBER 2017

**GET A NUTRITIOUS START TO THE DAY WITH SCHOOL BREAKFAST!**  
**DAILY BREAKFAST CHOICES – ASSORTED CEREAL/FRUIT JUICE/FRESH FRUIT/YOGURT/TOAST/MILK**  
**DAILY LUNCH CHOICES – ASSORTED FRESH FRUITS & VEGETABLES ON THE SALAD BAR**

For information on student meal benefits contact the PCS Child Nutrition Office.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>6 Sausage &amp; Croissant Fruit or Juice ----- <b>BREADED CHICKEN NUGGETS</b> Mashed Potatoes Green Beans Applesauce Biscuit Milk</p>	<p>7 Choc Chip/Pumpkin Muffin Fruit or Juice ----- <b>CHICKEN FAJITA</b> Lettuce/Tomato/Cheese Spanish Rice Refried Beans Fresh Grapes Dorito's &amp; Salsa Milk</p>	<p>8 Pancake on a Stick Fruit or Juice ----- <b>SCHOOL MADE PEPPERONI ROLL</b> Caesar Salad w/Croutons Steamed Corn Sliced Pears Milk</p>	<p>9 Breakfast Pizza Fruit or Juice ----- <b>HOTDOG W/SAUCE</b> Cole Slaw Potato Wedges Apple Cobbler Cake Strawberry Cup Milk</p>	<p><b>NO SCHOOL VETERAN'S DAY HOLIDAY</b></p>
<p>13 Chicken Slider Fruit or Juice ----- <b>STUFFED CRUST PIZZA</b> Caesar Salad w/Croutons Steamed Peas Pineapple Chunks Milk</p>	<p>14 Cinnamon Toast Oatmeal Fruit or Juice ----- <b>HAMBURGER ON A BUN</b> Lettuce/Tomato/Cheese Crinkle Cut Fries Sliced Peaches Milk</p>	<p>15 MVP Breakfast Fruit or Juice ----- <b>Thanksgiving Luncheon</b> <b>TURKEY ROAST W/GRAVY</b> Mashed Potatoes/Stuffing Green Beans Fresh Fruit/Pumpkin Pie Wheat Roll Milk</p>	<p>16 Chocolate Muffin Cheesestick Fruit or Juice ----- <b>BREADED CHICKEN ON A BUN</b> Lettuce/Tomato Macaroni &amp; Cheese Fruit Mix Milk</p>	<p>17 Ham &amp; Cheese on English Muffin Fruit or Juice ----- <b>CRUNCHY BEEF TACO'S</b> Lettuce/Tomato/Cheese Steamed Corn Refried Beans Mandarin Oranges Milk</p>
<p><b>NO SCHOOL THANKSGIVING HOLIDAY</b></p>	<p><b>NO SCHOOL THANKSGIVING HOLIDAY</b></p>	<p><b>NO SCHOOL THANKSGIVING HOLIDAY</b></p>	<p><b>NO SCHOOL THANKSGIVING HOLIDAY</b></p>	<p><b>NO SCHOOL THANKSGIVING HOLIDAY</b></p>
<p>27 Mini Pancakes Fruit or Juice ----- <b>MINI CORNDOGS</b> Crinkle Cut Fries Steamed Carrots Applesauce Milk</p>	<p>28 Zucchini Bread Fruit or Juice ----- <b>BREADED CHICKEN STRIPS</b> Mashed Potatoes California Blend Veg's Strawberry Cup Wheat Roll Milk</p>	<p>29 Breakfast Pizza Fruit or Juice ----- <b>SCRAMBLED EGGS OR HAM SAUSAGE PATTY</b> Diced Potatoes Warm Sliced Apples Biscuit Milk</p>	<p>30 Toast &amp; Tater Tots Fruit or Juice ----- <b>FRENCH BREAD PIZZA</b> Caesar Salad w/Croutons Steamed Corn Fresh Kiwi Lime Sherbet Milk</p>	<p>12/1 Sausage &amp; Biscuit Fruit or Juice ----- <b>CHILI GRILLED CHEESE SANDWICH</b> Quick Baked Potato Fresh Banana Cheeze-It Crackers Milk</p>

**MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY.**  
**"THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"**