

Celebrating This Month:

Labor Day-9/3

Grandparent's Day-9/9



# PUTNAM COUNTY SCHOOLS – CHILD NUTRITION BREAKFAST / LUNCH MENU SEPTEMBER 2018

**GET A NUTRITIOUS START TO THE DAY WITH SCHOOL BREAKFAST!**  
**DAILY BREAKFAST CHOICES – ASSORTED CEREAL/FRUIT JUICE/FRESH FRUIT/YOGURT/TOAST/MILK**  
**DAILY LUNCH CHOICES – ASSORTED FRESH FRUITS & VEGETABLES ON THE SALAD BAR**

For information on student meal benefits contact the PCS Child Nutrition Office, or apply for meal benefits online at:

[www.schoolcafe.com](http://www.schoolcafe.com)

Monday	Tuesday	Wednesday	Thursday	Friday
<p>9/3</p> <p style="text-align: center;"><b>LABOR DAY HOLIDAY</b></p>	<p>4 Blueberry Pancake on a Stick Fruit or Juice ----- <b>BREADED CHICKEN STRIPS</b> Baked Potato Steamed Peas Fruit Cocktail Biscuit/Milk</p>	<p>5 Chicken &amp; Biscuit Fruit or Juice ----- <b>Nat'l Cheese Pizza Day</b> <b>SCHOOL MADE PIZZA</b> Caesar Salad w/Croutons Steamed Corn Cucumbers w/Dip Fresh Watermelon</p>	<p>6 Chocolate Muffin Cheesestick Fruit or Juice ----- <b>CORNDOG</b> Macaroni &amp; Cheese Baked Beans Strawberry Fruit Cup Milk</p>	<p>7 School Made Cinn Roll Fruit or Juice ----- <b>GRILLED CHICKEN ON A BUN</b> Lettuce/Tomato Tiny Whole Potatoes Steamed Carrots Fresh Banana/Milk</p>
<p>10 Breakfast Pizza Fruit or Juice ----- <b>Nat'l Hot Dog Day</b> <b>HOT DOG W/SAUCE</b> Cole Slaw Crinkle Cut Fries Fresh Grapes Milk</p>	<p>11 Mini Waffles Fruit or Juice ----- <b>SCRAMBLED EGGS OR HAM SAUSAGE PATTY</b> Diced Potatoes Warm Sliced Apples Biscuit Milk</p>	<p>12 Breakfast Bites Fruit or Juice ----- <b>SPAGHETTI W/MEATSAUCE</b> Caesar Salad w/Croutons Steamed Broccoli Sliced Pears Wheat Roll Milk</p>	<p>13 Bagel w/Cream Cheese Fruit or Juice ----- <b>BREADED CHICKEN ON A BUN</b> Lettuce/Tomato Potato Wedges Applesauce Milk</p>	<p>14 Sausage &amp; Croissant Fruit or Juice ----- <b>BEEF &amp; CHEESE NACHOS</b> Lettuce/Tomato Refried Beans Salsa Fresh Orange Wedges Milk</p>
<p>17 Pancake on a Stick Fruit or Juice ----- <b>BREADED CHICKEN FRIES</b> Cheesy Potatoes California Blend Veg's Pineapple Tidbits Texas Toast Milk</p>	<p>18 Blueberry Muffin Yogurt Fruit or Juice ----- <b>Nat'l Cheeseburger Day</b> <b>HAMBURGER ON A BUN</b> Lettuce/Tomato/Cheese Crinkle Cut Fries Baked Beans Fresh Apple/Milk</p>	<p>19 Mini French Toast Fruit or Juice ----- <b>CHILI</b> <b>GRILLED CHEESE SANDWICH</b> Quick Baked Potato Fresh Broccoli w/Dip Pear Slices Milk</p>	<p>20</p> <p style="text-align: center;"><b>PROFESSIONAL LEARNING DAY</b></p> <p style="text-align: center;"><b>No School for Students</b></p>	<p>21 MVP Breakfast Fruit or Juice ----- <b>SCHOOL MADE PEPPERONI ROLL</b> Caesar Salad w/Croutons Steamed Corn Fresh Cucumbers w/Dip Sliced Peaches Milk</p>
<p>24 Sausage Biscuit Fruit or Juice ----- <b>CHICKEN FAJITA</b> Spanish Rice Refried Beans Tortilla Chips w/Salsa Orange Wedges Milk</p>	<p>25 Breakfast Bread Fruit or Juice ----- <b>BEEF POT ROAST W/GRAVY</b> Mashed Potatoes Green Beans Applesauce Wheat Roll Milk</p>	<p>26 Breakfast Pizza Fruit or Juice ----- <b>HOT HAM &amp; CHEESE SUB</b> Lettuce/Tomato Potato Rounds Strawberry Fruit Cup Rice Crispy Treat Milk</p>	<p>27 Mini Pancakes Fruit or Juice ----- <b>Nat'l Choc Milk Day</b> <b>STUFFED CRUST PIZZA</b> Caesar Salad w/Croutons Steamed Corn Fresh Kiwi Fruit Shape Up/Milk</p>	<p>28 Egg &amp; Cheese Pretzel Bun Fruit or Juice ----- <b>TERIYAKI CHICKEN NUGGETS</b> Steamed Carrots Fresh Grapes Wheat Breadstick Scooby Bones/Milk</p>

**MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"**