

Celebrating This Month:

National School Lunch

Week—10/15-10/19



PUTNAM COUNTY SCHOOLS – CHILD NUTRITION BREAKFAST / LUNCH MENU OCTOBER 2018

GET A NUTRITIOUS START TO THE DAY WITH SCHOOL BREAKFAST!
DAILY BREAKFAST CHOICES – ASSORTED CEREAL/FRUIT JUICE/FRESH FRUIT/YOGURT/TOAST/MILK
DAILY LUNCH CHOICES – ASSORTED FRESH FRUITS & VEGETABLES ON THE SALAD BAR

For information on student meal benefits contact the PCS Child Nutrition Office or apply for meal benefits online at:
www.schoolcafe.com

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Biscuit w/Gravy ----- CORNDOG Macaroni & Cheese Steamed Broccoli Sliced Pears Milk</p>	<p>2 Pancake on a Stick ----- ITALIAN PASTA BAKE Caesar Salad w/Croutons Steamed Carrots Sliced Peaches Wheat Roll Milk</p>	<p>3 Breakfast Pizza ----- Nat'l Soft Taco Day BEEF SOFT TACO'S Lettuce/Tomato/Cheese Corn/Refried Beans Mandarin Oranges Milk</p>	<p>4 Chicken Slider ----- PIZZA WEDGE Steamed Peas Fresh Grapes Chex Mix Milk</p>	<p>5 French Toast Sticks ----- BREADED CHICKEN ON A BUN Lettuce/Tomato/Cheese Crinkle Cut Fries Fresh Fruit Choice Orange Sherbet/Milk</p>
<p>8 Honey Bun Cheesestick ----- BREADED CHICKEN NUGGETS Mashed Potatoes Green Beans Warm Sliced Apples Wheat Roll/Milk</p>	<p>9 Breakfast Bites ----- HOT TURKEY & CHEESE ON CROISSANT Potato Wedges Steamed Carrots Strawberry Cup Milk</p>	<p>10 Mini Waffles ----- SCHOOL MADE PIZZA Steamed Peas Caesar Salad w/Croutons Vegetable Sticks w/Dip Pineapple Tidbits Pudding Cup/Milk</p>	<p>11 School Made Choc Chip Muffin ----- CHICKEN FAJITA Lettuce/Tomato/Cheese Spanish Rice/Corn Tortilla Chips/Salsa Fresh Melon Cup/Milk</p>	<p>12 Sausage Biscuit ----- HAMBURGER ON A BUN Lettuce/Tomato/Cheese Quick Baked Potato Baked Beans Fresh Orange Wedges Milk</p>
<p>15 Chocolate Muffin Yogurt ----- SALISBURY STEAK W/GRAVY Mashed Potatoes Green Beans Diced Peach Cup Wheat Roll/Milk</p>	<p>16 Breakfast Pizza ----- SCRAMBLED EGGS OR HAM SAUSAGE PATTY Diced Potatoes Warm Sliced Apples WG Pancakes Milk</p>	<p>17Pumpkin Breakfast Bread ----- Nat'l Pasta Day SPAGHETTI W/MEATSAUCE Caesar Salad w/Croutons California Blend Veg's Fresh Kiwi Garlic Texas Toast/Milk</p>	<p>18 Cinnamon Toast Oatmeal ----- STUFFED CRUST PIZZA Steamed Broccoli Cucumbers w/Dip Mandarin Oranges Ice Cream Cup/Milk</p>	<p>19 Ham & Cheese on a Pretzel Bun ----- BREADED CHICKEN STRIPS Macaroni & Cheese Steamed Carrots Baked Beans Brownie/Fresh Apple/Milk</p>
<p>22 PROFESSIONAL LEARNING DAY No School for Students</p>	<p>23 PROFESSIONAL LEARNING DAY No School for Students</p>	<p>24 MVP Breakfast/Yogurt ----- SCHOOL MADE PEPPERONI ROLL Caesar Salad w/Croutons Corn on the Cob Sliced Pears/Milk</p>	<p>25Cinn/Sugar Biscuit Bread ----- MINI CORNDOGS Pinto Bean Soup Diced Potatoes Orange Jello Applesauce/Milk</p>	<p>26 Chex Mix/Cheesestick ----- BREADED CHICKEN DRUMSTICK Wild Rice Pilaf Sliced Peaches Biscuit/Milk</p>
<p>29 Mini Pancakes ----- FLATBREAD PIZZA Caesar Salad w/Croutons Broccoli w/Cheesesauce Pineapple Tidbits Milk</p>	<p>30 Blueberry Muffin Go Big Yogurt Stick ----- CHILI W/CHEESEFILLED BREADSTICK Baked Potato Fruit Cocktail/Milk</p>	<p>31 Happy Halloween! Breakfast Bites ----- CHICKEN NACHO'S Lettuce/Tomato Steamed Corn Refried Beans Mandarin Oranges/Milk</p>	<p>11/1 Sausage on Croissant ----- HOT DOG W/SAUCE Potato Wedges Fresh Grapes Frozen Sidekick Milk</p>	<p>11/2 School Made Cinnamon Roll ----- HOT HAM & CHEESE ON A HOAGIE BUN Lettuce/Tomato Cheesy Potatoes Fresh Banana/Milk</p>

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"