

Celebrating This Month:
Valentine's Day 2/14



PUTNAM COUNTY SCHOOLS – CHILD NUTRITION BREAKFAST / LUNCH MENU FEBRUARY 2019

GET A NUTRITIOUS START TO THE DAY WITH SCHOOL BREAKFAST!
DAILY BREAKFAST CHOICES – ASSORTED CEREAL/FRUIT JUICE/FRESH FRUIT/YOGURT/TOAST/MILK
DAILY LUNCH CHOICES – ASSORTED FRESH FRUITS & VEGETABLES ON THE SALAD BAR

For information on student meal benefits contact the PCS Child Nutrition Office or apply for meal benefits online at:
www.schoolcafe.com

| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>4</p> <p>Breakfast Pizza Fruit or Juice -----</p> <p>BREADED CHICKEN NUGGETS</p> <p>Cheesy Potatoes Green Beans Fresh Orange Wedges Cornbread Muffin/Milk</p> | <p>5</p> <p>Oatmeal/Cinn Toast Fruit or Juice -----</p> <p>BAKED PASTA W/MEATSAUCE</p> <p>Caesar Salad w/Croutons California Blend Veg's Fruit Mix WG Garlic Texas Toast Milk</p> | <p>6 2-HR EARLY DISMISSAL</p> <p>Chocolate Muffin Cheesestick Fruit or Juice -----</p> <p>CHICKEN FAJITA</p> <p>Lettuce/Tomato/Cheese Corn/Refried Beans Tortilla Chips & Salsa Mandarin Oranges/Milk</p> | <p>7</p> <p>Mini Waffles Fruit or Juice -----</p> <p>PIZZA</p> <p>Caesar Salad w/Croutons Steamed Carrots Fresh Kiwi Strawberry Chex Mix Milk</p> | <p>8 Nat'l Potato Lover's Day</p> <p>Pancake on a Stick Fruit or Juice -----</p> <p>SLICED HAM</p> <p>Mashed Potatoes Cucumbers w/Dip Warm Apple Crisp Vanilla Ice Cream Biscuit/Milk</p> |
| <p>11</p> <p>Mini Pancakes Fruit or Juice -----</p> <p>WARM TURKEY & CHEESE ON A BUN</p> <p>Lettuce/Tomato Steamed Peas Applesauce Cheese Doritos/Milk</p> | <p>12</p> <p>Hot Cocoa Muffin/Yogurt Fruit or Juice -----</p> <p>CHICKEN NOODLE SOUP GRILLED CHEESE SANDWICH</p> <p>Veggie Sticks w/Ranch Dip Pineapple Tidbits Red Jello Milk</p> | <p>13 Nat'l Italian Food Day</p> <p>French Toast Sticks Fruit or Juice -----</p> <p>SPAGHETTI W/MEATSAUCE</p> <p>Caesar Salad w/Croutons Steamed Broccoli Peaches Wheat Roll Milk</p> | <p>14 HAPPY VALENTINE'S DAY</p> <p>Sausage Biscuit Fruit or Juice -----</p> <p>BREADED CHICKEN ON A BUN</p> <p>Lettuce/Tomato Diced Potatoes/Baked Beans Cherry Sidekick Fresh Grapes/Milk</p> | <p>15</p> <p style="text-align: center;">COOKS CHOICE MENU</p> |
| <p>18</p> <p>Egg/Cheese/Bacon on Croissant Fruit or Juice -----</p> <p>SALISBURY STEAK W/GRAVY</p> <p>Mashed Potatoes Green Beans Sliced Pears Wheat Roll/Milk</p> | <p>19</p> <p>Breakfast Bites Fruit or Juice -----</p> <p>CHICKEN NACHOS</p> <p>Lettuce/Tomato/Cheese Refried Beans Salsa/Fresh Fruit Raspberry Churro Milk</p> | <p>20</p> <p>Blueberry Muffin Cheesestick Fruit or Juice -----</p> <p>BAKED LASAGNA</p> <p>Caesar Salad w/Croutons Steamed Carrots Applesauce Garlic Texas Toast/Milk</p> | <p>21 Nat'l Pancake Day</p> <p>Pancakes w/Sausage Patty Fruit or Juice -----</p> <p>HOT DOG W/MEATSAUCE</p> <p>Cole Slaw Crinkle Cut Fries Fresh Cantaloupe Red Jello Milk</p> | <p>22</p> <p>Chicken & Biscuit Fruit or Juice -----</p> <p>SCHOOL MADE FLATBREAD PIZZA</p> <p>Caesar Salad w/Croutons Steamed Corn Fresh Banana Pudding Cup/Milk</p> |
| <p>25</p> <p>Breakfast Pizza Fruit or Juice -----</p> <p>BBQ CHICKEN BREAST</p> <p>Macaroni & Cheese Steamed Peas Pineapple Tidbits Wheat Roll Milk</p> | <p>26</p> <p style="text-align: center;">NO SCHOOL</p> <p style="text-align: center;">Professional Learning Day For Staff</p> | <p>27 Nat'l Strawberry Day</p> <p>MVP Breakfast Cheesestick Fruit or Juice -----</p> <p>SCHOOL MADE PEPPERONI ROLLS</p> <p>Caesar Salad w/Croutons Steamed Broccoli Strawberry Pie Tart/Milk</p> | <p>28</p> <p>Toast & Tator Tots Fruit or Juice -----</p> <p>HAMBURGER ON A BUN</p> <p>Lettuce/Tomato/Cheese Potato Wedges Baked Beans Fresh Grapes Milk</p> | <p>3/1 DR. SEUSS'S BIRTHDAY</p> <p>Breakfast Bread Fruit or Juice -----</p> <p>SCRAMBLED EGGS OR HAM SAUSAGE PATTY</p> <p>Diced Hashbrown Potatoes Warm Sliced Apples Biscuit w/Gravy Milk</p> |

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"