

**Celebrating This Month:**  
 New Year's Day 1/1  
 Martin Luther King 1/15



# PUTNAM COUNTY SCHOOLS – CHILD NUTRITION

## BREAKFAST / LUNCH MENU

### JANUARY 2018

**GET A NUTRITIOUS START TO THE DAY WITH SCHOOL BREAKFAST!**  
**DAILY BREAKFAST CHOICES – ASSORTED CEREAL/FRUIT JUICE/FRESH FRUIT/YOGURT/TOAST/MILK**  
**DAILY LUNCH CHOICES – ASSORTED FRESH FRUITS & VEGETABLES ON THE SALAD BAR**

For information on student meal benefits contact the PCS Child Nutrition Office.

Monday	Tuesday	Wednesday	Thursday	Friday
1  <b>NO SCHOOL NEW YEAR'S HOLIDAY</b>	2 Breakfast Pizza Fruit or Juice ----- <b>BREADED CHICKEN NUGGETS</b> Diced Potatoes Steamed Peas Applesauce Wheat Breadstick/Milk	3 Pancake on a Stick Fruit or Juice ----- <b>SALISBURY STEAK W/GRAVY</b> Mashed Potatoes Green Beans Fruit Mix Wheat Roll/Milk	4 Chocolate Muffin Fruit or Juice ----- <b>PIZZA WEDGE</b> Caesar Salad w/Croutons California Blend Veg's Fresh Apple Scooby Cookies/Milk	5 Sausage Biscuit Fruit or Juice ----- <b>CRUNCHY BEEF TACO'S</b> Lettuce/Tomato/Cheese Refried Beans Steamed Corn/Salsa Mandarin Oranges/Milk
8 Bagel w/Cream Cheese Fruit or Juice ----- <b>SCRAMBLED EGGS OR HAM SAUSAGE PATTY</b> Diced Potatoes Warm Sliced Apples Biscuit/Milk	9 Breakfast Bites Fruit or Juice ----- <b>SPAGHETTI W/MEATSAUCE</b> Caesar Salad w/Croutons Steamed Broccoli Pineapple Chunks Wheat Roll/Milk	10  <b>NO SCHOOL CE DAY FOR STAFF</b>	11 Ham & Cheese Croissant Fruit or Juice ----- <b>CORNDOG</b> Pinto Beans Macaroni & Cheese Green Beans/Peaches Milk	12 Zucchini Bread Fruit or Juice ----- <b>SCHOOL MADE PEPPERONI ROLL</b> Caesar Salad w/Croutons Steamed Carrots Strawberry Cup/Milk
15  <b>NO SCHOOL MLK HOLIDAY</b>	16 Mini Pancakes Fruit or Juice ----- <b>CHICKEN &amp; NOODLES</b> Steamed Broccoli Mandarin Oranges Wheat Roll Milk	17 Choc Chip Muffin Fruit or Juice ----- <b>BREADED CHICKEN FRIES</b> Macaroni & Cheese Green Beans Blueberry Cup Texas Toast/Milk	18 Chicken & Biscuit Fruit or Juice ----- <b>FRENCH BREAD PIZZA</b> Caesar Salad w/Croutons Steamed Corn/Fruit Mix Frozen Fruit Shape Up Milk	19 Breakfast Pizza Fruit or Juice ----- <b>HOTDOG W/SAUCE</b> Cole Slaw/Crinkle Fries Baked Beans Strawberries & Bananas Milk
22 Sausage Biscuit Fruit or Juice ----- <b>CHICKEN FAJITA</b> Lettuce/Tomato/Cheese Refried Beans Tortilla Chips w/Salsa Fresh Orange Wedges/Milk	23 Oatmeal/Cinn Toast Fruit or Juice ----- <b>HOT TURKEY &amp; CHEESE ON A BUN</b> Lettuce/Tomato Sun Chips/Steamed Peas Sliced Peaches/Milk	24 MVP Breakfast Fruit or Juice ----- <b>SCHOOL MADE PIZZA</b> Caesar Salad w/Croutons Steamed Broccoli Applesauce Milk	25 Egg & Cheese Croissant Fruit or Juice ----- <b>PORK BBQ ON A BUN</b> Cole Slaw Potato Wedges Pineapple Tidbits Yogurt Cup/Milk	26 Pancake on a Stick Fruit or Juice ----- <b>HAMBURGER ON A BUN</b> Lettuce/Tomato/Cheese Quick Baked Potato Fresh Banana Pudding Cup/Milk
29 Breakfast Pizza Fruit or Juice ----- <b>BREADED CHICKEN STRIPS</b> Mashed Potatoes Green Beans Mandarin Oranges Wheat Roll/Milk	30 Breakfast Bites Fruit or Juice ----- <b>BEEF &amp; CHEESE NACHOS</b> Steamed Corn Spanish Rice Salsa/Fresh Grapes Milk	31 Blueberry Muffin Fruit or Juice ----- <b>CHILI GRILLED CHEESE SANDWICH</b> Baked Potato Sliced Pears Milk	2/1 Mini Waffles Fruit or Juice ----- <b>MINI CORNDOGS</b> Diced Potatoes Steamed Broccoli Applesauce Milk	2/2 Chicken & Biscuit Fruit or Juice ----- <b>BEEF &amp; CHEESE STEAK HOAGIE</b> Lettuce/Tomato Potato Wedges/Fresh Kiwi Sherbet Cup/Milk

**MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"**