

Celebrating This Month:
Valentine's Day 2/14



PUTNAM COUNTY SCHOOLS – CHILD NUTRITION BREAKFAST / LUNCH MENU FEBRUARY 2018

GET A NUTRITIOUS START TO THE DAY WITH SCHOOL BREAKFAST!
DAILY BREAKFAST CHOICES – ASSORTED CEREAL/FRUIT JUICE/FRESH FRUIT/YOGURT/TOAST/MILK
DAILY LUNCH CHOICES – ASSORTED FRESH FRUITS & VEGETABLES ON THE SALAD BAR

For information on student meal benefits contact the PCS Child Nutrition Office.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>5</p> <p style="text-align: center;">Mini French Toast Fruit or Juice -----</p> <p style="text-align: center;">SCRAMBLED EGGS OR HAM SAUSAGE PATTY Diced Potatoes Warm Sliced Apples Biscuit Milk</p>	<p>6</p> <p style="text-align: center;">Pancake on a Stick Fruit or Juice -----</p> <p style="text-align: center;">CHICKEN FAJITA Lettuce/Tomato/Cheese Spanish Rice/Refried Beans Tortilla Chips & Salsa Fruit Mix Milk</p>	<p>7</p> <p style="text-align: center;">Blueberry Muffin Cheesestick Fruit or Juice -----</p> <p style="text-align: center;">CHICKEN NOODLE SOUP GRILLED CHEESE SANDWICH Crinkle Cut Fries Vegetable Sticks w/Dip Fresh Cantaloupe Milk</p>	<p>8</p> <p style="text-align: center;">Sausage Croissant Fruit or Juice -----</p> <p style="text-align: center;">BREADED CHICKEN NUGGETS Macaroni & Cheese Steamed Peas Strawberry Chex Mix Fresh Orange Wedges Milk</p>	<p>9</p> <p style="text-align: center;">Chicken & Biscuit Fruit or Juice -----</p> <p style="text-align: center;">HAMBURGER ON A BUN Lettuce/Tomato/Cheese Quick Baked Potato Steamed Carrots Fresh Grapes Milk</p>
<p>12</p> <p style="text-align: center;">Mini Pancakes Fruit or Juice -----</p> <p style="text-align: center;">SCHOOL MADE FLATBREAD PIZZA Caesar Salad w/Croutons Steamed Corn Sliced Peaches Pudding Cup/Milk</p>	<p>13</p> <p style="text-align: center;">Chocolate Muffin Cheesestick Fruit or Juice -----</p> <p style="text-align: center;">CHICKEN NACHOS Lettuce/Tomato/Cheese Refried Beans Salsa/Applesauce Chocolate Chip Cookie Milk</p>	<p>14 HAPPY VALENTINE'S DAY</p> <p style="text-align: center;">French Toast Sticks Fruit or Juice -----</p> <p style="text-align: center;">SPAGHETTI W/MEATSAUCE Caesar Salad w/Croutons Steamed Broccoli Strawberry Cup Red Gelatin/Wheat Roll Milk</p>	<p>15</p> <p style="text-align: center;">Breakfast Pizza Fruit or Juice -----</p> <p style="text-align: center;">GRILLED CHICKEN ON A BUN Lettuce/Tomato Potato Rounds Fresh Peppers w/Dip Mandarin Oranges/Milk</p>	<p>COOKS CHOICE MENU</p>
<p>19</p> <p style="text-align: center;">Mini Waffles Fruit or Juice -----</p> <p style="text-align: center;">BREADED CHICKEN FRIES Mashed Potatoes Green Beans Fresh Sliced Apples Wheat Roll Milk</p>	<p>20</p> <p style="text-align: center;">Breakfast Bites Fruit or Juice -----</p> <p style="text-align: center;">BAKED PASTA W/MEATSAUCE Caesar Salad w/Croutons California Blend Veg's Fresh Tangelo WG Garlic Texas Toast Milk</p>	<p>21</p> <p style="text-align: center;">Chocolate Chip Muffin Cheesestick Fruit or Juice -----</p> <p style="text-align: center;">CHILI CHEESE BREADSTICK Baked Potato Fresh Broccoli w/Dip Blueberry Cup Milk</p>	<p>22</p> <p style="text-align: center;">Bagel w/Cream Cheese Fruit or Juice -----</p> <p style="text-align: center;">HOT DOG W/MEATSAUCE Cole Slaw Potato Wedges Warm Sliced Apples Milk</p>	<p>23</p> <p style="text-align: center;">Pancake on a Stick Fruit or Juice -----</p> <p style="text-align: center;">PIZZA Caesar Salad w/Croutons Steamed Corn Rice Crispy Bar Fresh Banana Milk</p>
<p>26</p> <p style="text-align: center;">Sausage Biscuit Fruit or Juice -----</p> <p style="text-align: center;">BREADED CHICKEN ON A BUN Lettuce/Tomato Crinkle Cut Fries Steamed Peas Pineapple Tidbits/Milk</p>	<p>27</p> <p style="text-align: center;">Oatmeal/Cinnamon Toast Fruit or Juice -----</p> <p style="text-align: center;">CRUNCHY BEEF TACO'S Lettuce/Tomato/Cheese Steamed Corn/Salsa Sliced Pears Sherbet Cup Milk</p>	<p>28</p> <p style="text-align: center;">MVP Breakfast Cheesestick Fruit or Juice -----</p> <p style="text-align: center;">SCHOOL MADE PEPPERONI ROLL Caesar Salad w/Croutons Broccoli w/Cheesesauce Strawberry Cup Milk</p>	<p>3/1</p> <p style="text-align: center;">Zucchini Breakfast Bread Fruit or Juice -----</p> <p style="text-align: center;">WARM TURKEY & CHEESE ON A BUN Lettuce/Tomato Cheesy Potatoes Baked Beans/Fruit Mix Milk</p>	<p>COOKS CHOICE MENU</p>

MENU ITEMS ARE ALWAYS SUBJECT TO AVAILABILITY. "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"